



**RESTRAINT ON MEDIA: A
PATHWAY TO STRENGTHEN
DEMOCRACY**

NATIONAL SEMINAR

28th March, 2026

**An initiative of IQAC,
ARMY INSTITUTE OF LAW, MOHALI**

THEME

Restraint on media is a highly significant nexus between freedom of expression and democratic accountability in the modern era of constitutional democracies. The freedom of the press is recognized as the foundation of democracy and the key for the fulfillment of democratic governance in India and countries all over the globe.

Freedom of media is an important aspect of shaping the views and enhancing democratic participation for citizens and is based on constitutional ideals such as Justice, Equality, Rule of Law and freedom of speech. These rights are not unlimited and must be practiced with responsibility in mind, especially in relation to constitutional values including public order and security.

In today's world, challenges faced by media includes technological advancements, spread of digital media, disinformation, trial by media, and rising levels of commercialization of news. All these emerging issues create critical considerations in terms of ethics in journalism and limits on media's freedom.

Papers are invited from faculty, professionals, research scholars and students, to deliberate on the above theme.

SUB THEMES

- Media and Democratic legitimacy
- Impact of Media on Judicial outlook
- Yellow Journalism
- Ethical Journalism and Self Regulation
- Freedom of Speech v/s Censorship
- Impact of AI on Media
- Digital Media, Social Platforms and Regulatory Challenges.

IMPORTANT DATES

- Submission of Abstract -16th February, 2026
- Confirmation of Acceptance of Abstract - 23rd February, 2026
- Submission of Full Paper with Registration fee - 18th March, 2026

SUBMISSION GUIDELINES

- An abstract of 250-300 words accompanied by details of the author containing his/her email ID, contact number and postal address should be sent.
- The full paper should be between 3000- 5000 words, including footnotes.
- Co-authorship upto one author is allowed **ONLY** for faculty and professionals. No co-authorship is allowed for students and research scholars.
- Mentioning the sub-theme is mandatory. The paper must be typed in Times New Roman, font size 12, on A4 size paper with a 1.5" margin on all sides with 1.5 line spacing using MS word.
- ILI citation pattern must be strictly adhered to while submitting the abstracts and full paper.
- Certificates will be awarded only for paper presentations.
- Best Paper adjudged by the Resource Persons will be published in the AIL Journal.

REGISTRATION

- Faculty and Professionals- Rs. 1000/-
- Research Scholars and Students- Rs. 700/-

A link for making the payment of registration fee along with the registration form will be provided via email to the participants after confirmation of acceptance of their abstract.

Email Id for all submissions - nationalseminarAIL2026@gmail.com

ORGANIZING COMMITTEE

Advisory Member

Dr. Tejinder Kaur (Principal)

Faculty Coordinators

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